

THE CARE YOU DESERVE, ON YOUR TERMS

MUSCLE AND JOINT HEALTH

No matter where you are in your health journey, Airrosti meets you there.



DIGITAL WELLNESS

A new virtual solution to improve and maintain muscle and joint health.

No-Cost Benefit

CONSULTATION CHAT

Not sure where to start? Talk to an Airrosti Provider today.

No-Cost Benefit

CLINICAL CARE

In pain? Schedule an appointment today.

In-Network Benefit

YOUR HEALTH. YOUR JOURNEY. YOUR WAY.

MUSCLE AND JOINT CARE FOR EVERYONE. FOR EVERY STAGE OF HEALTH.



PAIN AND INJURY CHAT

What to Expect:

- ✓ *\$0 out-of-pocket costs*
- ✓ *No obligation to schedule*
- ✓ *Convenient video chat with a licensed Airrosti Provider*
- ✓ *Discuss effective alternatives to physical therapy or surgery*



IN-CLINIC TREATMENT

What to Expect:

- ✓ *One-on-one, in-person care with an experienced Airrosti Provider*
- ✓ *Personalized active recovery plan*
- ✓ *Airrosti app access to real-time progress tracking and open communication with your Provider*



DIGITAL WELLNESS

What to Expect:

- ✓ *\$0 out-of-pocket costs*
- ✓ *Instant Flex app access*
- ✓ *Custom exercise program*
- ✓ *Flex kit delivered to your door*
- ✓ *Other resources to stay healthy and active*



Gulf Coast Regional Blood Center is proud to offer muscle and joint care through Airrosti for most employees & dependents enrolled in the company health plan.